

Ravi K Agrahara

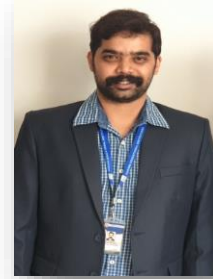
MSc, MPhil (Psychology)

Assistant Professor

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Ravi K Agrahara is a psychologist based in Bengaluru, he completed his Masters in psychology from Jnana Bharathi Bangalore University in 2009 and went on to do a M.Phil in psychology from Central University of Karnataka, he is also a Certified Yoga Instructor and his areas of interest are Indian Psychology, yoga and stress management.

He has addressed youngsters at different colleges in Bengaluru on the Importance of Mental Health. Currently he is serving as an Assistant Professor of Psychology at Surana College Centre for Post Graduate Studies and Research Kengeri Bengaluru. He has experience in handling clinical personality assessment and interventions and child assessments and interventions, which involves a wide range of screening tools from NEO five to depression and anxiety scale to projective tests for both children and adults. And has guided post graduate students for their dissertation and tool development project every year from 2017 to 2021.

His core strengths within the specialization are- using narrative psychology and storytelling to convey profound truths, interest in Indian psychology and comparative study of western and indigenous approaches. His interest in literature also led him to obtain a full time masters degree in English Literature. Apart from this he is well organized and team worker; can work in multi culture environment; And passionate towards Multidisciplinary Research and Teaching-nurturing the young minds towards dissemination of knowledge and structured planning process.