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Dr. Bhanu BS., did her Masters in Psychology (Specialized in Industrial and Organizational Psychology) from Jnana Bharathi, Bangalore University in 2009. She also completed B.Ed. with KSET, and she was awarded Ph.D under the guidance of Dr Sreenivas M from the University of Bangalore in September 2022.

She has worked couple of years in corporate as a Trainer and Human Resource. She was teaching degree students in SJRCW till 2017. She has a total experience of 13.5 years. She has been invited as Resource person in Bangalore University and colleges affiliated to it. She is a counsellor and has addressed youngsters at different colleges in Bengaluru on Career guidance.

She has great interest in Kannada literature and literary works. She herself composes many Kannada poems and it's been published. She works as consultant for Marigold International school, Saroja memorial school, Times school (Hongasandra), and SJR Kengeri public school.

She has addressed youngsters at different schools and colleges in Bengaluru on career guidance, mental health, parental style and wellbeing. She is a traveller and has passion towards experiential learning.

She is an active member of KAAP and IAAP. She is a BOE member in Bangalore University and to colleges which is affiliated to Bangalore University. She has many paper publications in her name (including- UGC care, peer reviewed publications in National and International journals). She has developed 6 Psychometric tool in Psychology since 2017 and guided many students on their dissertation and published it. Her areas of interest are Training, counselling, research, family dynamics and Organizational Behavior, Assessment, Counselling. She has a wide experience in Assessment- Intervention and screening in Organizational Behavior some of the areas are cognitive abilities, Personality, Intelligence, memory, vocational Interest, Johari window, Fishbowl technique, Managerial games, SWOT analysis, Transactional Analysis. Currently she is serving as an Associate Professor of Psychology at Surana College and Coordinator for Surana Wellbeing Counselling Centre.