



NAGADARSHAN L SHIVAGANGE

PSYCHOLOGIST

A passionate psychologist with good communication skills and a keen interest in teaching and research. Having experience in teaching across various institutes as part time tutor

WORK EXPERIENCE

Nanjappa Institue of Physiotherapy 2025

- Instructed students on psychology models within the physiotherapy curriculum
- Recognized by the Principal for maintaining an effective and proactive approach to teaching and departmental duties
- Consistently upheld high standards of professional conduct and academic integrity

NIMHANS - Psychosocial Support in Disaster Management 2025 Internship

- Presented on a topic Impact of Corruptions in Relief Efforts
- Case presentation on 2010 Mangaluru Air Crash
- HRV Analysis presentation on Udupi district

Government First Grade College, Thirthahalli 2025

- Guided students through practical experiments and provided academic counseling to improve learning outcomes and exam preparedness
- Delivered comprehensive lectures and conducted practical laboratory sessions for students ensuring student engagement and mastery of core concepts

Pro bono Counseling Experience 2025

RESEARCH

- Developed a tool on future anticipation style scale
- Ongoing Dissertation research on Exposure to violence and its effect on burnout and empathy and the mitigating factor of perceived organizational support among Police Officers

CONTACT

- 🏠 93-6A/9 Durgashri, 9th ward
BC road, Vaderhobli,
Kundapura 576201
- 📞 6364620565
- ✉️ dshivagange@gmail.com

EDUCATION

- **Kateel Ashok Pai Memorial College, Shivamogga**
MSc Psychology 2024-2026
- **Government First Grade College, Thirthahalli**
Bachelors in Arts 2021-2024
- **Government PU College, Kundapura**
PCMB 2019-2021

SKILLS

- Communication skills
- Empathy
- Leadership qualities
- Public speaking and presentation
- Problem solving and decision making
- Research and data analysis
- Team collaboration
- Adult and career counseling

LANGUAGE

- English
- Kannada
- Hindi

EXTRA CURRICULAR ACTIVITIES

- Photography
- Event management
- Anchoring

REFERENCES

Dr. Archana Bhat K

HoD, Associate Professor
Kateel Ashok Pai Memorial
College, Shivamogga

Phone :9632658450

Email: archana.psy@kapmi.edu.in

Prof. Mohammad Iqbal BA

Assistant professor

Dr. Dayananda Pai, P. Sathish
Pai Government First Grade
College Mangalore

Phone: 97409 65195

Email: mikbalpsyhe@gmail.com

POSTINGS

- Child Care Center, Mc Gan, Shivamogga
- Government Deaddiction center, Shivamogga
- Shakthi Sadhana, Sominkoppa, Shivamogga
- Sakhi Center, Women and Child Welfare Department, Shivamogga

MODULE PRESENTATION AND WORKSHOPS

- Life skills training on decision making and empathy at Government High School, Matthigaru, Thirthahalli
- POCSO Awareness program at Government PU College, Megaravalli and Girl's PU College, Thirthahalli
- Organized and led Club activities in College.

CERTIFICATIONS

- Webinar on Recognizing Distress - An essential to Mental Health Management
- Webinar on Psychosocial First Aid
- Basics of Yoga Therapy certification from NIMHANS

OTHER ACHIEVEMENTS

- National Cadet Corps (NCC) – 21 Battalion
Rank: Sergeant 2015 – 2017

Certification: Successfully cleared the NCC 'A' Certificate exam (2017).

Field Experience: Selected for and completed the All India Trekking Camp in Uttar Pradesh (2016), demonstrating high-endurance physical fitness and team coordination in challenging terrains.

Leadership: As a Sergeant, managed and disciplined a platoon of cadets, overseeing drills, training sessions, and camp logistics.

- Martial Arts (Karate)

Competitive Athlete

Achievements: Consistently secured 1st and 2nd Place in various regional/state-level Karate competitions.

Maintained a rigorous training schedule, developing mental focus, self-discipline, and physical agility.