

JESLIN C
Psychology professional

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OBJECTIVE

Compassionate and dedicated psychology professional with experience in student counselling, psychoeducation, and mental health support. Seeking a **Counsellor role/Assistant psychology professor** to promote students' emotional well-being, academic success, and personal development in an educational setting.

EDUCATION

M.Sc. Wellness Counselling in Psychology – Jyoti Nivas College (2024–2026)

B.A. Psychology – Bishop Cotton Women's Christian College (2020–2023)

12TH (ISC) – St. John's High School (2019-2020)

“CURRENTLY APPEARING FOR UGC/NET”

CORE COMPETENCIES

1. Student Counselling
2. Emotional & Behavioural Support
3. Career Guidance
4. Psychoeducation
5. Crisis Intervention
6. engage students
7. Parent Interaction
8. Conduct classroom therapeutic activities
9. Workshop Facilitation

10. Basic Knowledge of POCSO & Child Safety

PROFESSIONAL EXPERIENCE

1. Education Counsellor – United Correspondence College

Jan 2024 – Aug 2024

- Conducted one-on-one counselling sessions for academic and career guidance
- Assessed students' interests, abilities, and goals
- Assisted with admission processes and student queries
- Built rapport with students and parents to support informed decision-making

2. Psychology Intern – Aaladamara Foundation (clinical based)

Dec 2025 – Mar 2026

- Conducted case history interviews for clients with psychiatric conditions
- Performed Mental Status Examination (MSE) under supervision
- Assisted in individual therapy sessions and rehabilitation planning
- Observed clinical discussions and treatment approaches

3. Psychoeducation Field Work – Mithralaya Girls High School (student counselling)

- Conducted 6 psychoeducational sessions for Grade 10 students
- Addressed academic stress and emotional well-being
- Guided students in coping strategies and study skills

4. Workshop & Outreach Experience – Dream Scholar

Facilitated student engagement activities and assisted in conducting psychoeducational workshops and webinars in collaboration with educational institutions including Bishop Cotton Women's Christian College.

TECHNICAL SKILLS

1. MS Word

2. PowerPoint

3. Google Workspace

4. Online Counselling Support

5. Documentation & Report Writing

CERTIFICATIONS

- CDAI Level 2 Certified Career Counselling
- National level conference participation certification for research paper presentations

LANGUAGES

- English
- Kannada
- Tamil