



SURANA COLLEGE (AUTONOMOUS)

No 16, South End Road, Bangalore 560004

Affiliated to Bangalore University, Re-accredited by NAAC with 'A+'
Recognised under section 2(f) & 12(B) of UGC, Approved by AICTE

Research & Development Cell

CALL FOR BOOK CHAPTERS

DIGITAL MEDIA AND MENTAL HEALTH: A STRATEGIC APPROACH TOWARDS VIKSIT BHARAT 2047

EDITORS



Dr. Sruthi P

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Scope: This edited volume aims to examine the growing impact of digital media and mental health in the contemporary world. It focuses on developing an integrated mental hygiene practice that spans educational, cultural, psychological, and social domains to cultivate a strong and healthy generation capable of contributing positively to the development of the Nation.

Proposed Themes

1. Digital Media Culture and Youth Mental Health
2. Social Media Influence on Behaviour and Communication
3. Entrepreneurship Ideas of Gen-Z using Digital Platforms
4. Social Media, Self-Image, and Identity Formation
5. Digital Addiction and Psychological Well-being
6. Online Learning, Screen Fatigue, and Academic Stress
7. Cyberbullying, Online Harassment, and Emotional Trauma
8. Digital Intimacy, Relationships, and Emotional Health
9. Representation of Mental Health in Digital Narratives
10. Digital Media, Anxiety, and Depression among Students
11. Positive Uses of Digital Media for Mental Health Awareness
12. Gender, Digital Spaces, and Mental Health
13. Regional and Cultural Perspectives on Digital Media Use
14. Post-pandemic Digital Exposure and Student Mental Health
15. Women's Safety and Gender Sensitisation in Modern India



Dr. Rafel González-Macho

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NO ARTICLE PROCESSING CHARGE (APC)

PUBLICATION DETAILS

All chapters will be selected through a double-blind peer review process. Chapters will be published as an edited book with ISBN by IIP Publishers. The book will be indexed in CrossRef, Google Scholar, and R-Square



SCAN FOR
SUBMISSION GUIDELINES

IMPORTANT DATES

March - April 2026 June - July 2026 August - Sept 2026 October 2026 November 2026 (Tentative)

Proposal Submission

Chapter Submission

Revised Chapter Submission

Final Submission

Book Release