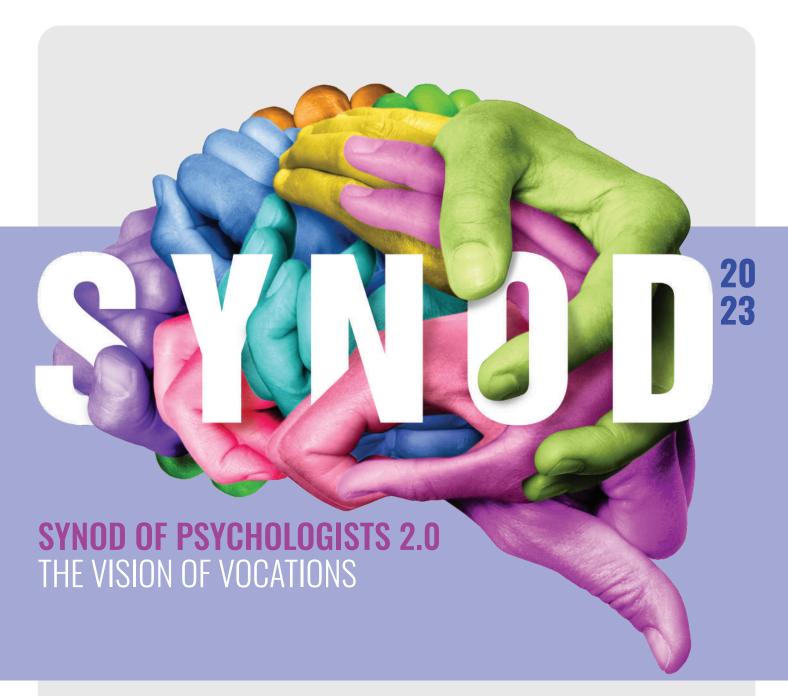


## SURANA COLLEGE AUTONOMOUS

Affiliated to Bangalore University | Re-accredited by NAAC with A+ Recognized by AICTE - New Delhi



## **ABOUT SURANA COLLEGE**

Surana College, (est. 1995) under GDA Foundation Trust is affiliated to Bangalore University and is also included under sections 2(f) & 12(B) of the UGC Act 1956. The institution has been catering to all sections of society on need-based quality education. Surana College has clarity on students' future, both in their careers and life. The emphasis is on academic focus adding to training for holistic development of students. The college encourages research to challenge life and knowledge concepts through out-of-box and lateral thinking. There is also encouragement for entrepreneurial activities.

## ABOUT PSYCHOLOGY DEPARTMENT

The Post Graduate Department of Psychology was established in 2003 attracting some of the bright minds to study, teach and undertake research here. With over 20+ University ranks to its credit, it's no coincidence that we are consistently among the top colleges in the country for Psychology programs. Our teaching is inspired by our stupendous research and core belief that the science of psychology can help people improve their lives.

Our alumni have made it to premier universities in India including NIMHANS and IITs for their M.Phils. and PhDs. Many of our students have gone ahead to successfully complete their NET/SLET examinations for Junior Research Fellowship and Lectureship.

## **ABOUT THE EVENT**

Synod of Psychologists is an annual event organised by Surana College to create a platform for experts and students to share their ideas and knowledge. The first event of Synod took place on the 26th of February 2022, wherein many experts participated and contributed to the success of the event. With the first event of Synod, "Surana Wellbeing Centre" was also inaugurated, it is an initiative that was put forth to cater to the mental well-being of everyone in need. It aims to provide counselling, psychotherapy, assessment, extension activities, training, and research. So far the well-being center has active MoU with many esteemed institutions who are in need of psychological services.

Synod of Psychologists 2.0 - The Voice of Vocations, this unique gathering will bring together distinguished scholars, researchers, practitioners, and students to delve into unexplored domains within the field of psychology. By pushing the boundaries of conventional barricades between professionals, we aim to unravel the mysteries of human behavior, cognition, and emotion which strengthens the individual and contributes towards nation-building.

Voice of vocations: Voice of Vocations denotes that they are not merely the voices telling you what to do to succeed or to follow in someone else's footsteps that satisfy harsh inner critics, but instead emphasises on investigating the unexplored realms of psychology.

## THE OBJECTIVE OF THE EVENT

- Psychology as a science has many unexplored fields and researchers are bringing out various branches to meet the need of the day. Fostering interdisciplinary collaboration and knowledge sharing among researchers, practitioners, and professionals in order to expand the frontiers of psychological understanding and its practical applications is the primary objective of this event.
- We aim at inviting professionals from various domains like sports, health, community development, economics, policy-making, behavioral science, neuroscience, and ample forms of therapy methods. The event aims at reaching out to psychologists all over the world and gaining insights into their experiences.



## **LIST OF EVENTS**

## **PANEL DISCUSSION**

A structured conversation that brings together multiple experts in the field of psychology to explore a specific topic, share their perspectives, and engage in lively discourse. It attempts to invite eminent scholars to talk and discuss psychology.

Each panel has 3-4 experts and participants get an opportunity to interact with them.

This event consists of 3 Themes:

- 1. Use of psychology in social media
- 2. Current day therapies
- 3. Community development

## **PAPER PRESENTATION**

The participants are required to present a research paper suiting the themes provided. This shall be evaluated by the judges for best paper award. Students and practitioners will be given an opportunity to present their research papers and showcase their findings.

#### **Themes**

- 1. Sports Psychology
- 2. Forensic Psychology
- 3. Neuropsychology
- 4. Animal Psychology
- 5. Behavior Economics
- 6. Transpersonal Psychology
- 7. Digital /ai Psychology

# \*Best paper award with Rs. 10,000 Cash Prize

#### **Guidelines:**

- 10 minutes will be provided for a paper presentation.
- +2 minutes for discussion.
- Limited no.of presentations.
- The maximum number of participants per paper is three.
- The paper presentation should be in APA format.
- The paper should have a word limit of 2000-2500 words.
- Paper must be preceded by a cover page specifying the title of the paper, name of authors, and their college names as also their contact numbers and email ids.
- The decision of judges will be final and no arguments or appeals will be entertained.
- Presented papers will be published as conference proceedings.
- · Important dates:

Abstract to be submitted by 23<sup>rd</sup> of June, 2023. Full paper to be submitted by 20<sup>th</sup> of July, 2023.

 Kindly mail your papers to mscpsychology@suranacollege.edu.in, difficulties will be addressed through the same email-id.



## **LIST OF EVENTS**

## **WORKSHOPS**

A workshop is usually a brief intensive educational program for a relatively small group of people, that focuses especially on techniques and skills in the field of psychology.

The workshop provides an opportunity for the participants to get basic training regarding the sessions.

The workshop will be conducted for two days, one on each day.

#### Themes.

#### 1. Animal-assisted Therapy

is an alternative or complementary type of therapy that includes the use of animals in treatment. The goal of this animal-assisted intervention is to improve a patient's social, emotional, or cognitive functioning.

#### 2. Nature-based Interventions

NBIs are programs, activities, or strategies that aim to engage people in nature-based experiences with a specific goal. of achieving improved health and well-being.

## **NETWORKING**

Networking provides an opportunity to the participants to network or interact with eminent psychological professionals.



## **ABOUT KEYNOTE SPEAKER**

Dr. Tony Sam George is a Ph.D., MSW, and M.Phil.

An experienced psychology professor with a history of success in the education management industry. Skilled in family therapy, group therapy, student counselling, social services, and e-learning.

He holds a Doctor of Philosophy. He is a licensed psychotherapist.

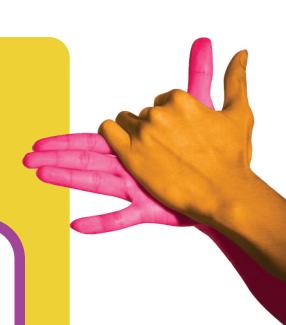
He oversees the Centre for Research at Christ University and is the Dean of Social Sciences

He founded the Centre for Academic and Professional Support.

He has received his doctorate in Psychiatric Social Work from the NIMHANs, Bangalore. He worked for Montfort College Bangalore, where he directed and coordinated the Masters-level training programs in Counselling psychology.

He is a visiting fellow at the Autonomous Medical University of Mexico at St. Louis Potosi and the University of Western Cape South Africa. He was also an alumnus of the United Board Fellows Program.

He is a founder Trustee of Kerygma, Ascension Hope Foundation and Path Foundation.



## **ITINERARY OF THE EVENT:**

## **DAY 1:**

 Inauguration
 : 10:00 am - 12:00 am

 Lunch
 : 12:00 pm - 01:00 pm

 Panel Discussions
 : 01:00 pm - 02:30 pm

 Paper presentation
 : 02:45 am - 03:45 pm

 Tea Break
 : 03:45 pm - 04:00 pm

**Workshop** : 04:00 pm - 05:00 pm

## **DAY 2:**

Panel Discussions: 10:00 am-11:30 pmPaper Presentation: 11:45 pm-12:45 pmLunch: 12:45 pm-01:30 pmPanel Discussion: 01:30 pm-03:00 pmWorkshop: 03:00 pm-04:00 pmValedictory: 04:00 pm-04:30 pm

**High Tea** 

#### **OPEN TO:**

All UG and PG students, interested in psychology

Ph.D. scholars

Psychology professionals

#### **PARTICIPATION:**

Includes both Individual and group participation

#### **MODE OF PARTICIPATION:**

Hybrid mode - A fusion of both an in-person (offline) event and virtual online component (online).

Online participants will be able to watch live streaming of offline events.

The workshop will only be available for offline participants

## **REGISTRATION:**

Follow the link/QR code provided below for registration:

## QR for registration



## QR for payment





## **REGISTRATION INCLUDES:**

- Hard copy of the certificates will be issued to offline participants and e-copy for online participants.
- · An additional certificate will be issued for the Workshop participants
- · Certificates will only be provided to those who attend both the days.

299/- online participation

399/- for offline participation (UG and PG students)

999/- for a group of 3 participants

749/- for Ph.D. scholars and professionals

250/- for presenting the papers

\*Inclusive of working-lunch, workshop participation is with an additional fee

Time: 10 am to 4 / 5 pm

Date: July 31st and August 1st

**Location:** G C Surana Auditorium,

Surana College, Department of PG Studies

#### **Contact for more details:**

Department contact number: Surana Wellbeing Centre: +91 96060 46227

College email id: mscpsychology@suranacollege.edu.in

Coordinators email: anvithma@gmail.com

Phone number: +91 9901483193



